

## Books and Other Resources

### **General Resources for those wanting to know more about addictions or to help others**

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**A Biblical Theology of Addictions by Dave Cave**

This very readable booklet, by a man who spent years working with addicts in Liverpool, explores what the Bible says about addictions

£3.50

**Cannabis and Mental Functions by David Copestake BA (psych)**

The negative effects of cannabis have been ignored by many. This booklet gives scientific evidence of the damage that this drug can inflict on the mind or brain.

£3.50

**What on Earth is the Church For by David Devenish**

A challenge to every church to be relevant and caring in our society, especially to the marginalised, through sharing God's heart.

£8.99

**Under the Influence by Julia Fisher**

Angie Taylor, drug addict, alcoholic and a prostitute, discovers that it doesn't matter how far you go down God's arms can reach you!

£5.99

### **Resources for those working with addictions**

**Addiction and Grace by Gerald D May M.D.**

Addictions to alcohol, drugs, work, gambling or sex are all are doomed attempts to take control of our lives. But, with a deep appreciation of grace, freedom is possible

£7.99\*

**Addictive Thinking by Abraham Twerski**

People with addictions develop patterns of thinking that often run contrary to logic or what we may call 'normal' thinking. Twerski examines how this "stinking thinking", as some alcoholics call it, develops and manifests itself to family, friends and addictions workers.

£10.99

**Boundaries by Dr Henry Cloud and Dr John Townsend**

This book gives great insights and amazing practical wisdom into the God-given gift of boundaries so we can love more and minimise risk.

£7.99

**Chasing the Dragon by Jackie Pullinger**

The classic story of the triumph of God's love in Jesus Christ bringing freedom to the lives of heroin using Triad gang members in Hong Kong.

£7.99

**Counselling For Relapse Prevention by Terence T Gorski and Merlene Miller**

Gorski and Miller's work in the field of relapse prevention and recovery from addictions is well known. This book gives counsellors and key workers helpful insights into the relapse process and ways to help clients prevent future relapse.

£6.99\*

**Eating Disorders - the path to recovery by Dr Kate Middleton**

Dr Kate Middleton is Director of Anorexia & Bulimia Care, a charity working to support all who suffer because of eating disorders. This is essential reading for sufferers, their families and friends, giving guidance for setting out on the road to recovery.

£7.99

**Relapse Prevention Workbook – by Terence T Gorski**

Practical and down to earth this book can be used with clients to help them recognise and act on the signs of potential relapse.

£6.99\*

**Self Harm – the path to recovery by Dr Kate Middleton**

Like Dr Middleton's book on eating disorders, this is also essential reading for sufferers their families and friends. A very helpful and compassionate look at this addiction and the way out to freedom.

£7.99

**The growth of Love – Understanding five essential elements of child development by Keith J White**

This book is designed as essential reading for all those involved in the pastoral care of children. It asks the question 'How does love grow?' and is therefore important for all those working with vulnerable youth and adults, including those suffering with addictions.

£8.99

New Titles are being added. If there is a particular addictions or counselling related book you require please ask. All profits from the sale of books go to developing our training programmes in the UK and the rest of the world.

\*Books purchased from outside the UK may fluctuate in price due to currency changes

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