



UNIVERSITY OF
GLOUCESTERSHIRE

at Cheltenham and Gloucester

A Collaborative Partnership between Life For The World Trust and University of Gloucestershire

Faculty of Sport, Health and Social Sciences

Certificate in Substance Misuse Care and Counselling

lftw

**Addictions
training**

For people working with drug and alcohol misusers
and their families, in church and community settings

Life For The World Trust, (LFTW), in association with the University of Gloucestershire, have developed a Bible-based training course, *Certificate in Substance Misuse Care and Counselling*, designed to equip the Church and community to make positive responses to the problem of addictions.

The course consists of 19 days' formal training, typically on a day release basis over 9 to 12 months. Four written assignments are required followed by a 50 hour voluntary placement in a rehabilitation setting. An introduction to learning skills session enables students, who are returning to learning, to develop confidence.

The University Certificate – 60 CATS points at level 1 – provides a recognised qualification as well as DANOS competencies, enabling those with relevant experience to become full members of the Federation of Drug and Alcohol Professionals. The only requirements for the course are a God-given commitment to work with drug/alcohol misusers and an ability to study as part of a team and also independently.

The course can be run in any suitable location where there are a minimum of 10 students. The cost is £1100 including University validation fees. Where a church or individual cannot afford the full fees a bursary can be applied for subject to availability.

Church Partnerships

We work in partnership with leaders in ensuring this training forms part of the Church vision and in deploying the training in church/community structured outreach programmes. Candidates need approval from a church leader/minister.

All our training programmes reflect Christian values whilst using insights and methods of many working in the field of addiction.

More than Training

Based on our 35 years in rehabilitation, the University Certificate Course has been running for six years. We offer unique training and support to enable churches to understand addiction issues and, where appropriate, establish community programmes and projects.

Course Modules

SMCC1 A Framework for Understanding Drug Misuse

This Module includes:

- the nature and consequences of drug/alcohol misuse for individuals and families.
- the factors that relate to substance misuse, relapse and recovery.
- introduction to a variety of service options and the code of ethics and practice for workers and counsellors.
- the spiritual background to dependency.

SMCC2 The Nature and Range of Addictive Behaviours

This Module includes:

- commonly abused drugs (prescribed and illegal) including alcohol, how used and their effects - physical, psychological, social and spiritual.
- the addictive patterns demonstrated by eating disorders, self-harm, gambling and other behaviours, and the counselling issues involved.
- the process of client assessment and detoxification in community and in-patient settings.

SMCC3 Treatment Options and Potential Church/Community Responses

This Module includes:

- the development of small groups for support and therapy
- the concept and practice of rehabilitation programmes - community perspective and family issues.
- safe working practices, how to develop good professional competencies, and the role of supervision.

SMCC4 The Developing of Therapeutic/Counselling Skills

This Module includes:

- help to develop good listening skills and reflective techniques.
- introduction to understanding family dysfunction and the role and practice of family support in the therapeutic process.

Students will be expected to do some background reading and relate their learning to practice. Four written assignments, one for each module, are required in addition to a 50-hour voluntary placement for the Certificate to be awarded.

What others say:

'An excellent job – I believe it is not only academically impressive but also spiritually sound and dynamic.'

David Partington

International Substance Abuse and Addiction Coalition (ISAAC)

'I am sure this will make a valuable contribution to the work with drug misusers – especially in community projects and in the church context.'

Revd Prof Chris Cook
St Chads College, Durham

'The course has been a wonderful opportunity to learn about every form of addiction.'

Former course student

'As an ex-user, I have learned so much in connection to my own addictions and fully recommend this course.'

Former course student

www.lftw.org

For more information, visit our website or contact:

Sheila Crofton Briggs

Life For The World Trust, Ford's Farmhouse, Queen Charlton, Keynsham, Bristol, BS31 2SH

tel: **0845 2410973** email: **sheila@lftw.org**

lftw life for the world

Registered Office: Life For The World Trust, Micklefield Christian Centre, Buckingham Drive, High Wycombe, HP13 7YB

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